

# Pathology Request Form

# MetLife<sup>®</sup>

## Report & Account To

The Chief Medical Officer, MetLife Insurance Limited, PO Box 3319, Sydney NSW 2001.

Gender:  Male  Female

Date of birth:   /   /

Surname:

Given names:

Residential address:

Name and address of your primary health care provider  
(to receive copy of the pathology report):

## 2. Adviser Details

Adviser Name:

Adviser Telephone Number

Adviser Fax

Proposal Number

## 3. Details of tests required

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> MBA20 (including Cholesterol, Triglycerides, Glucose, Creatine, Uric Acid and Gamma GT) | <input type="checkbox"/> Resting ECG    | <input type="checkbox"/> PSA                              |
| <input type="checkbox"/> HIV Antibody Test   | <input type="checkbox"/> Urine: MSU     | <input type="checkbox"/> Liver Function Test              |
| <input type="checkbox"/> Full Blood Count and ESR  | <input type="checkbox"/> Cotinine       | <input type="checkbox"/> Other Pathology (please specify) |
| <input type="checkbox"/> Hepatitis B surface Antigen & Hepatitis C Antibody                                      | <input type="checkbox"/> Lipids Profile | <input type="text"/>                                      |

## 4. Client Consent (to be signed in the presence of the pathologist conducting the tests)

I

- request and authorise the pathologist to perform the tests requested by MetLife Insurance Limited (MetLife) in connection with my application for insurance and forward such report to MetLife's Principal Underwriter, acknowledge that a copy of the results may be forwarded to my primary health care provider named above or to a medical practitioner who I nominate.
- consent to having my blood tested for the presence of antibodies to the AIDS Virus, where requested by MetLife. I have read the information provided by MetLife on the implications of the AIDS test and understand its significance. In the case of a POSITIVE HIV, Hepatitis B or Hepatitis C test results I wish to be advised by: (please tick)

My doctor named above OR  another medical practitioner or appropriately qualified counselor, OR  MetLife Chief Medical Officer

Signature of Life to be Insured

Date

(Must be signed only in the presence of the pathology collector)

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## THE IMPLICATIONS OF AN HIV TEST

### 1. Please read the following before attending for an AIDS test

AIDS is caused by the Human Immunodeficiency Virus (HIV). HIV causes diseases in several ways but the most significant effect is damage to the body's immune system which in turn leads to serious infections and cancer - AIDS. There is no cure for HIV infection and it is therefore ultimately fatal except for one very rare strain of HIV which does not appear to cause progressive disease. Treatment however is now capable of prolonging and improving the quality of life.

The passage of blood and certain blood fluids from one person to another is capable of passing HIV infection. A person infected with HIV (HIV positive) may pass the infection to others through sexual activity and especially unprotected sexual intercourse, through sharing syringes or needles, through donating blood, semen or other organs, or an infected mother may pass HIV to her baby. No other modes of transmission have been identified and if they exist they are exceedingly rare. Hepatitis "B" and "C" can be transmitted in a similar manner to HIV.

Following HIV infection there may be a glandular fever or flu like illness, usually after several weeks. At about this time the body produces antibodies to HIV which can be detected by the proposed blood test. There may then be no further symptoms of HIV infection for anything up to 12 years but ultimately the serious manifestations of HIV will develop. It should be noted that there can be a period of up to 3 months or more following HIV infection during which time the infection cannot be detected by the blood test but can still be passed to others.

When contemplating a HIV test it is appropriate to consider the following:

- AIDS and HIV infection are classed as "notifiable" diseases. This means that they must be reported to government health authorities;
- HIV Infection may exclude some people from their occupation;
- it is an offence to knowingly transmit HIV or to put others at risk of infection;
- there is the possibility of ill informed discrimination against HIV positive persons; and
- Life and Disability insurance is currently not available to persons testing positive for antibodies to the HIV.

Acceptance of your insurance proposal will indicate that your HIV test was negative. You will be notified in person in the event that the HIV test result is positive.

Should you require further information prior to the HIV test please see your primary health care provider or a counselor expert in sexually transmitted diseases.

### 2. Arranging Test

Please take the attached form to your doctor or Pathology Service to arrange the HIV and if applicable other blood tests. Blood test may be arranged through one of the major service providers Pathrec and Lifescreen. Please call pathrec on 1800 066 895 or Lifescreen on 1800 686 000 with your referral details. They will supply you with all necessary information and instructions. It is important to remember to take this form to your appointment. You will need to produce proof of identity e.g. driver's license or passport.

**1300 555 625**

Monday to Friday 8.00am to 6.00pm EST

**MetLife®**

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