COVID-19: Getting the facts straight

Stay up-to-date with the latest information on COVID-19.

We are living in a period where information is changing daily and it is difficult to keep up to speed with what is unfolding. Each day there are new rules, more numbers and shifts in health views.

At MetLife 360Health we don't want to reinvent the wheel and we know that there is a vast amount of information online, in the community and from well respected sources.

So to help you get the facts straight, we are providing you with the latest list of resources to power your knowledge.

In this fact sheet we provide the best resources for the numbers and facts from the Government, the World Health Organisation (WHO), the John Hopkins Centre for Systems, Science and Engineering (CSSE) and the Centre for Disease Control and Prevention (CDC). These resources are updated regularly so it is worth checking back or saving these links to your favourites.

Resource	Description	Link
Federal Government Resources		
1. **Australian Government COVID-19 APP**	Government App to provide updates, information and status in real time	Apple Android
2. **Australian Government Health Department Dashboard**	Current dashboard for Australia wide numbers	Australian Government COVID-19 dashboard
3. **Australian Government Health Department News**	Latest news, media and updates from the Health Department to support individuals and businesses	Australian Government COVID-19 News and Media
4. **Australian Government Health Department Resources**	Current COVID-19 resources for individuals and businesses to support current policies	Australian Government COVID-19 Resources
5. **Australian Government WhatsApp group**	WhatsApp group to get updates, news and stories. To access ensure you have WhatsApp activated.	WhatsApp
6. **Federal Government FAQ**	Answers to common questions about COVID-19	COVID-19 FAQs
State Government Resources		
7. **State based information and resources**	Latest resources for use by businesses and individuals including current restrictions and requirements	ACT Government COVID-19 NSW Government COVID-19 QLD Government COVID-19 SA Government COVID-19 TAS Government COVID-19 VIC Government COVID-19 WA Government COVID-19
Global Information		
8. **Centre for Disease Control and Prevention**	Resources and tools for individuals, businesses and communities	CDC resource library
9. **John Hopkins Centre For Systems Science and Engineering (CSSE)**	Dashboard for COVID-19 case across the globe	CSSE Dashboard
10. **World Health Organisation (WHO)**	WHO daily reports and updates across the globe	WHO daily dashboards

360Health provides solutions to help prevent and manage serious illnesses at every stage of your health journey so that you can live healthier for longer. MetLife 360Health, your health partner.

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